

From *The First Church of Christ Scientist and Miscellany* by Mary Baker Eddy,
 “Neither the Old nor the New Testament furnishes reasons or examples for
 the destruction of the human body, but for its restoration to life and health as
 the scientific proof of ‘God with us.’” Tonight’s readings focus on the great
 restorative powers of Truth and Love.

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| (3) Psalms 137:1-4 | (3) Page 184:27 |
| (4) Nehemiah 1:1 (to 1 st .), 2-4 (<i>Hanani</i>) | (4) Page 192:30-4 |
| (5) Nehemiah 2:1-6, 11, 16-20 | (5) Page 193:8-14, 16-19, 32 |
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| (16) Malachi 4:1-3, 5, 6 (to 2 nd .) | |
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HYMN # 401
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THE BIBLE

Lam. 1:1 How doth the city sit solitary, *that was* full of people! *how* is she become as a widow! she *that was* great among the nations, *and* princess among the provinces, *how* is she become tributary!

Lam. 1:2 She weepeth sore in the night, and her tears *are* on her cheeks: among all her lovers she hath none to comfort *her*: all her friends have dealt treacherously with her, they are become her enemies.

Lam. 1:3 Judah is gone into captivity because of affliction, and because of great servitude: she dwelleth among the heathen, she findeth no rest: all her persecutors overtook her between the straits.

Lam. 1:4 The ways of Zion do mourn, because none come to the solemn feasts: all her gates are desolate: her priests sigh, her virgins are afflicted, and she *is* in bitterness.

Lam. 1:5 Her adversaries are the chief, her enemies prosper;

Lam. 4:1 How is the gold become dim! *how* is the most fine gold changed! the stones of the sanctuary are poured out in the top of every street.

Lam. 4:2 The precious sons of Zion, comparable to fine gold, how are they esteemed as earthen pitchers, the work of the hands of the potter!

Psa. 137:1 By the rivers of Babylon, there we sat down, yea, we wept, when we remembered Zion.

Psa. 137:2 We hanged our harps upon the willows in the midst thereof.

Psa. 137:3 For there they that carried us away captive required of us a song; and they that wasted us *required of us* mirth, *saying*, Sing us *one* of the songs of Zion.

Psa. 137:4 How shall we sing the LORD'S song in a strange land?

Neh. 1:1 The words of Nehemiah the son of Hachaliah.

Neh. 1:2 Hanani, one of my brethren, came, he and *certain* men of Judah; and I asked them concerning the Jews that had escaped, which were left of the captivity, and concerning Jerusalem.

Neh. 1:3 And they said unto me, The remnant that are left of the captivity there in the province *are* in great affliction and reproach: the wall of Jerusalem also *is* broken down, and the gates thereof are burned with fire.

Neh. 1:4 And it came to pass, when I heard these words, that I sat down and wept, and mourned *certain* days, and fasted, and prayed before the God of heaven,

Neh. 2:1 And it came to pass in the month Nisan, in the twentieth year of Artaxerxes the king, *that wine was* before him: and I took up the wine, and gave *it* unto the king. Now I had not been *beforetime* sad in his presence.

Neh. 2:2 Wherefore the king said unto me, Why *is* thy countenance sad, seeing thou *art* not sick? this *is* nothing *else* but sorrow of heart. Then I was very sore afraid,

Neh. 2:3 And said unto the king, Let the king live for ever: why should not my countenance be sad, when the city, the place of my fathers' sepulchres, *lieth* waste, and the gates thereof are consumed with fire?

Neh. 2:4 Then the king said unto me, For what dost thou make request? So I prayed to the God of heaven.

Neh. 2:5 And I said unto the king, If it please the king, and if thy servant have found favour in thy sight, that thou wouldest send me unto Judah, unto the city of my fathers' sepulchres, that I may build it.

Neh. 2:6 And the king said unto me, (the queen also sitting by him,) For how long shall thy journey be? and when wilt thou return? So it pleased the king to send me; and I set him a time.

Neh. 2:11 So I came to Jerusalem, and was there three days.

Neh. 2:16 And the rulers knew not whither I went, or what I did; neither had I as yet told *it* to the Jews, nor to the priests, nor to the nobles, nor to the rulers, nor to the rest that did the work.

Neh. 2:17 Then said I unto them, Ye see the distress that we *are* in, how Jerusalem *lieth* waste, and the gates thereof are burned with fire: come, and let us build up the wall of Jerusalem, that we be no more a reproach.

Neh. 2:18 Then I told them of the hand of my God which was good upon me; as also the king's words that he had spoken unto me. And they said, Let us rise up and build. So they strengthened their hands for *this* good work.

Neh. 2:19 But when Sanballat the Horonite, and Tobiah the servant, the Ammonite, and Geshem the Arabian, heard *it*, they laughed us to scorn, and despised us, and said, What *is* this thing that ye do? will ye rebel against the king?

Neh. 2:20 Then answered I them, and said unto them, The God of heaven, he will prosper us; therefore we his servants will arise and build: but ye have no portion, nor right, nor memorial, in Jerusalem.

Neh. 4:1 But it came to pass, that when Sanballat heard that we builded the wall, he was wroth, and took great indignation, and mocked the Jews.

Neh. 4:2 And he spake before his brethren and the army of Samaria, and said, What do these feeble Jews? will they fortify themselves? will they sacrifice? will they make an end in a day? will they revive the stones out of the heaps of the rubbish which are burned?

Neh. 4:3 Now Tobiah the Ammonite *was* by him, and he said, Even that which they build, if a fox go up, he shall even break down their stone wall.

Psa. 18:4 The sorrows of death compassed me, and the floods of ungodly men made me afraid.

Psa. 18:5 The sorrows of hell compassed me about: the snares of death prevented me.

Psa. 18:6 In my distress I called upon the LORD, and cried unto my God: he heard my voice out of his temple, and my cry came before him, *even* into his ears.

Psa. 18:14 Yea, he sent out his arrows, and scattered them; and he shot out lightnings, and discomfited them.

Psa. 18:16 He sent from above, he took me, he drew me out of many waters.

Psa. 18:17 He delivered me from my strong enemy, and from them which hated me: for they were too strong for me.

Psa. 18:18 They prevented me in the day of my calamity: but the LORD was my stay.

Psa. 18:19 He brought me forth also into a large place; he delivered me, because he delighted in me.

Neh. 4:4 Hear, O our God; for we are despised: and turn their reproach upon their own head,

Neh. 4:6 So built we the wall; and all the wall was joined together unto the half thereof: for the people had a mind to work.

Neh. 4:7 But it came to pass, *that* when Sanballat, and Tobiah, and the Arabians, and the Ammonites, and the Ashdodites, heard that the walls of Jerusalem were made up, *and* that the breaches began to be stopped, then they were very wroth,

Neh. 4:8 And conspired all of them together to come *and* to fight against Jerusalem, and to hinder it.

Neh. 4:9 Nevertheless we made our prayer unto our God, and set a watch against them day and night, because of them.

Neh. 4:11 And our adversaries said, They shall not know, neither see, till we come in the midst among them, and slay them, and cause the work to cease.

Neh. 4:14 And I looked, and rose up, and said unto the nobles, and to the rulers, and to the rest of the people, Be not ye afraid of them: remember the Lord, *which is* great and terrible, and fight for your brethren, your sons, and your daughters, your wives, and your houses.

Neh. 4:15 And it came to pass, when our enemies heard that it was known unto us, and God had brought their counsel to nought, that we returned all of us to the wall, every one unto his work.

Neh. 4:21 So we laboured in the work: and half of them held the spears from the rising of the morning till the stars appeared.

2Cor. 9:8 And God *is* able to make all grace abound toward you; that ye, always having all sufficiency in all *things*, may abound to every good work:

Is. 48:17 Thus saith the LORD, thy Redeemer, the Holy One of Israel; I *am* the LORD thy God which teacheth thee to profit, which leadeth thee by the way *that* thou shouldest go.

Is. 40:1 Comfort ye, comfort ye my people, saith your God.

Is. 40:4 Every valley shall be exalted, and every mountain and hill shall be made low: and the crooked shall be made straight, and the rough places plain:

Is. 35:1 The wilderness and the solitary place shall be glad for them; and the desert shall rejoice, and blossom as the rose.

Is. 35:2 It shall blossom abundantly, and rejoice even with joy and singing: the glory of Lebanon shall be given unto it, the excellency of Carmel and Sharon, they shall see the glory of the LORD, *and* the excellency of our God.

Is. 35:3 Strengthen ye the weak hands, and confirm the feeble knees.

Is. 35:9 No lion shall be there, nor *any* ravenous beast shall go up thereon, it shall not be found there; but the redeemed shall walk *there*:

Is. 35:10 And the ransomed of the LORD shall return, and come to Zion with songs and everlasting joy upon their heads: they shall obtain joy and gladness, and sorrow and sighing shall flee away.

Is. 58:11 And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Is. 58:12 And *they that shall be* of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.

Is. 58:14 Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken *it*.

Is. 61:3 To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified.

Is. 61:4 And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations.

Is. 61:11 For as the earth bringeth forth her bud, and as the garden causeth the things that are sown in it to spring forth; so the Lord GOD will cause righteousness and praise to spring forth before all the nations.

Mal. 3:10 prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that *there shall not be room enough to receive it*.

Mal. 3:12 And all nations shall call you blessed: for ye shall be a delightsome land, saith the LORD of hosts.

Mal. 4:1 For, behold, the day cometh, that shall burn as an oven; and all the proud, yea, and all that do wickedly, shall be stubble: and the day that cometh shall burn them up, saith the LORD of hosts, that it shall leave them neither root nor branch.

Mal. 4:2 But unto you that fear my name shall the Sun of righteousness arise with healing in his wings; and ye shall go forth, and grow up as calves of the stall.

Mal. 4:3 And ye shall tread down the wicked; for they shall be ashes under the soles of your feet in the day that I shall do *this*, saith the LORD of hosts.

Mal. 4:5 Behold, I will send you Elijah the prophet before the coming of the great and dreadful day of the LORD:

Mal. 4:6 And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers,

Luke 7:11 And it came to pass the day after, that he went into a city called Nain; and many of his disciples went with him, and much people.
Luke 7:12 Now when he came nigh to the gate of the city, behold, there was a dead man carried out, the only son of his mother, and she was a widow: and much people of the city was with her.
Luke 7:13 And when the Lord saw her, he had compassion on her, and said unto her, Weep not.
Luke 7:14 And he came and touched the bier: and they that bare *him* stood still. And he said, Young man, I say unto thee, Arise.
Luke 7:15 And he that was dead sat up, and began to speak. And he delivered him to his mother.
Luke 7:16 And there came a fear on all: and they glorified God, saying, That a great prophet is risen up among us; and, That God hath visited his people.

Jer. 30:10 fear thou not, O my servant Jacob, saith the LORD; neither be dismayed, O Israel: for, lo, I will save thee from afar, and thy seed from the land of their captivity; and Jacob shall return, and shall be in rest, and be quiet, and none shall make *him* afraid.
Jer. 30:11 For I *am* with thee, saith the LORD, to save thee:
Jer. 30:16 Therefore all they that devour thee shall be devoured; and all thine adversaries, every one of them, shall go into captivity; and they that spoil thee shall be a spoil, and all that prey upon thee will I give for a prey.
Jer. 30:17 For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD;
Jer. 30:22 And ye shall be my people, and I will be your God.

SCIENCE AND HEALTH

There is to-day danger of repeating the offence of the Jews by limiting the Holy One of Israel and asking: "Can God furnish a table in the wilderness?" What cannot God do?

It is anything but scientifically Christian to think of aiding the divine Principle of healing or of trying to sustain the human body until the divine Mind is ready to take the case. Divinity is always ready. *Semper paratus* is Truth's motto.

A woman, whom I cured of consumption, always breathed with great difficulty when the wind was from the east. I sat silently by her side a few moments. Her breath came gently. The inspirations were deep and

natural. I then requested her to look at the weather-vane. She looked and saw that it pointed due east. The wind had not changed, but her thought of it had and so her difficulty in breathing had gone. The wind had not produced the difficulty. My metaphysical treatment changed the action of her belief on the lungs, and she never suffered again from east winds, but was restored to health.

I was called to visit Mr. Clark in Lynn, who had been confined to his bed six months with hip-disease, caused by a fall upon a wooden spike when quite a boy. On entering the house I met his physician, who said that the patient was dying.

Mr. Clark lay with his eyes fixed and sightless. The dew of death was on his brow. I went to his bedside. In a few moments his face changed; its death-pallor gave place to a natural hue. The eyelids closed gently and the breathing became natural; he was asleep. In about ten minutes he opened his eyes and said: "I feel like a new man. My suffering is all gone." I told him to rise, dress himself, and take supper with his family. He did so. The next day I saw him in the yard. It has been demonstrated to me that Life is God and that the might of omnipotent Spirit shares not its strength with matter or with human will. Reviewing this brief experience, I cannot fail to discern the coincidence of the spiritual idea of man with the divine Mind.

A blundering despatch, mistakenly announcing the death of a friend, occasions the same grief that the friend's real death would bring. You think that your anguish is occasioned by your loss. Another despatch, correcting the mistake, heals your grief, and you learn that your suffering was merely the result of your belief. Thus it is with all sorrow, sickness, and death.

We cannot build safely on false foundations. Truth makes a new creature, in whom old things pass away and "all things are become new." Passions, selfishness, false appetites, hatred, fear, all sensuality, yield to spirituality, and the superabundance of being is on the side of God, good.

Life is real, and death is the illusion. A demonstration of the facts of Soul in Jesus' way resolves the dark visions of material sense into harmony and immortality. To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear,--this is the great

attainment by means of which we shall sweep away the false and give place to the true. Thus we may establish in truth the temple, or body, "whose builder and maker is God."

When one's false belief is corrected, Truth sends a report of health over the body.

Consciousness constructs a better body when faith in matter has been conquered. Correct material belief by spiritual understanding, and Spirit will form you anew.

The very circumstance, which your suffering sense deems wrathful and afflictive, Love can make an angel entertained unawares.

Though the way is dark in mortal sense, divine Life and Love illumine it, destroy the unrest of mortal thought, the fear of death, and the supposed reality of error. Christian Science, contradicting sense, maketh the valley to bud and blossom as the rose.

This also shows that there is no place where God's light is not seen, since Truth, Life, and Love fill immensity and are ever-present.

As for sin and disease, Christian Science says, in the language of the Master, "Follow me; and let the dead bury their dead." Let discord of every name and nature be heard no more, and let the harmonious and true sense of Life and being take possession of human consciousness.

Let us rejoice that we are subject to the divine "powers that be."