

In *Science and Health with Key to the Scriptures* Mary Baker Eddy writes, “The First Commandment is my favorite text. It demonstrates Christian Science. It inculcates the tri-unity of God, Spirit, Mind; it signifies that man shall have no other spirit or mind but God, eternal good, and that all men shall have one Mind. The divine Principle of the First Commandment bases the Science of being, by which man demonstrates health, holiness, and life eternal” (S&H p. 340). Tonight’s readings focus on the First Commandment.

THE BIBLE	SCIENCE AND HEALTH
1Kings 18:17, 18, 21 (to 1 st .), 22-24, 36-39	Page 270:7-10
Matthew 22:37 (<i>Thou shalt</i>), 38	Page 279:26
Deuteronomy 4:2, 35, 39	Page 62:22
Isaiah 45:5 (to :), 22	Page 92:26
Psalms 34:1, 3	Page 414:21-23
Daniel 4:4, 5, 7, 8 (to 1 st .), 19, 24, 25, 28-31, 34-37	Page 228:25-29 (to 2 nd .)
Luke 1:49, 51, 52	Page 469:21-28
Luke 14:7-11	Page 468:10-11
Luke 13:10-17	Page 186:17-20, 22
Psalms 146:2, 3, 5-8, 10	Page 368:10, 22-24
Matthew 11:28-30	Page 330:11-12, 19-20
John 5:30 (to :)	Page 331:11 (only)
John 14:10 (<i>the father</i>)	Page 340:23
Psalms 73: 25, 26	Page 339:7-10
Deuteronomy 30:6	Page 495:28-9
2Timothy 1:7	Page 471:13-19
Psalms 91:14-16	Page 191:4, 13

- HYMN # 115
- HYMN # 275
- HYMN # 330

THE BIBLE

1Kings 18:17 And it came to pass, when Ahab saw Elijah, that Ahab said unto him, *Art* thou he that troubleth Israel?

1Kings 18:18 And he answered, I have not troubled Israel; but thou, and thy father's house, in that ye have forsaken the commandments of the LORD, and thou hast followed Baalim.

1Kings 18:21 And Elijah came unto all the people, and said, How long halt ye between two opinions? if the LORD *be* God, follow him: but if Baal, *then* follow him.

1Kings 18:22 Then said Elijah unto the people, I, *even* I only, remain a prophet of the LORD; but Baal's prophets *are* four hundred and fifty men.

1Kings 18:23 Let them therefore give us two bullocks; and let them choose one bullock for themselves, and cut it in pieces, and lay *it* on wood, and put no fire *under*: and I will dress the other bullock, and lay *it* on wood, and put no fire *under*:

1Kings 18:24 And call ye on the name of your gods, and I will call on the name of the LORD: and the God that answereth by fire, let him be God. And all the people answered and said, It is well spoken.

1Kings 18:36 And it came to pass at *the time of* the offering of the *evening* sacrifice, that Elijah the prophet came near, and said, LORD God of Abraham, Isaac, and of Israel, let it be known this day that thou *art* God in Israel, and *that* I *am* thy servant, and *that* I have done all these things at thy word.

1Kings 18:37 Hear me, O LORD, hear me, that this people may know that thou *art* the LORD God, and *that* thou hast turned their heart back again.

1Kings 18:38 Then the fire of the LORD fell, and consumed the burnt sacrifice, and the wood, and the stones, and the dust, and licked up the water that *was* in the trench.

1Kings 18:39 And when all the people saw *it*, they fell on their faces: and they said, The LORD, he *is* the God; the LORD, he *is* the God.

Matt. 22:37 Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

Matt. 22:38 This is the first and great commandment.

Deut. 4:2 Ye shall not add unto the word which I command you, neither shall ye diminish *ought* from it, that ye may keep the commandments of the LORD your God which I command you.

Deut. 4:35 Unto thee it was shewed, that thou mightest know that the LORD he *is* God; *there is* none else beside him.

Deut. 4:39 Know therefore this day, and consider *it* in thine heart, that the LORD he *is* God in heaven above, and upon the earth beneath: *there is* none else.

Is. 45:5 I *am* the LORD, and *there is* none else, *there is* no God beside me:
Is. 45:22 Look unto me, and be ye saved, all the ends of the earth: for I *am* God, and *there is* none else.

Psa. 34:1 I will bless the LORD at all times: his praise *shall* continually *be* in my mouth.

Psa. 34:3 O magnify the LORD with me, and let us exalt his name together.

Dan. 4:4 I Nebuchadnezzar was at rest in mine house, and flourishing in my palace:

Dan. 4:5 I saw a dream which made me afraid, and the thoughts upon my bed and the visions of my head troubled me.

Dan. 4:7 Then came in the magicians, the astrologers, the Chaldeans, and the soothsayers: and I told the dream before them; but they did not make known unto me the interpretation thereof.

Dan. 4:8 But at the last Daniel came in before me,

Dan. 4:19 Then Daniel, whose name was Belteshazzar, was astonished for one hour, and his thoughts troubled him. The king spake, and said, Belteshazzar, let not the dream, or the interpretation thereof, trouble thee. Belteshazzar answered and said, My lord, the dream *be* to them that hate thee, and the interpretation thereof to thine enemies.

Dan. 4:24 This *is* the interpretation, O king, and this *is* the decree of the most High, which is come upon my lord the king:

Dan. 4:25 That they shall drive thee from men, and thy dwelling shall be with the beasts of the field, and they shall make thee to eat grass as oxen, and they shall wet thee with the dew of heaven, and seven times shall pass over thee, till thou know that the most High ruleth in the kingdom of men, and giveth it to whomsoever he will.

Dan. 4:28 All this came upon the king Nebuchadnezzar.

Dan. 4:29 At the end of twelve months he walked in the palace of the kingdom of Babylon.

Dan. 4:30 The king spake, and said, Is not this great Babylon, that I have built for the house of the kingdom by the might of my power, and for the honour of my majesty?

Dan. 4:31 While the word *was* in the king's mouth, there fell a voice from heaven, *saying*, O king Nebuchadnezzar, to thee it is spoken; The kingdom is departed from thee.

Dan. 4:34 And at the end of the days I Nebuchadnezzar lifted up mine eyes unto heaven, and mine understanding returned unto me, and I blessed the most High, and I praised and honoured him that liveth for ever, whose dominion *is* an everlasting dominion, and his kingdom *is* from generation to generation:

Dan. 4:35 And all the inhabitants of the earth *are* reputed as nothing: and he doeth according to his will in the army of heaven, and *among* the inhabitants of the earth: and none can stay his hand, or say unto him, What doest thou?

Dan. 4:36 At the same time my reason returned unto me; and for the glory of my kingdom, mine honour and brightness returned unto me; and my counsellors and my lords sought unto me; and I was established in my kingdom, and excellent majesty was added unto me.

Dan. 4:37 Now I Nebuchadnezzar praise and extol and honour the King of heaven, all whose works *are* truth, and his ways judgment: and those that walk in pride he is able to abase.

Luke 1:49 For he that is mighty hath done to me great things; and holy *is* his name.

Luke 1:51 He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts.

Luke 1:52 He hath put down the mighty from *their* seats, and exalted them of low degree.

Luke 14:7 And he put forth a parable to those which were bidden, when he marked how they chose out the chief rooms; saying unto them,

Luke 14:8 When thou art bidden of any *man* to a wedding, sit not down in the highest room; lest a more honourable man than thou be bidden of him;

Luke 14:9 And he that bade thee and him come and say to thee, Give this man place; and thou begin with shame to take the lowest room.

Luke 14:10 But when thou art bidden, go and sit down in the lowest room; that when he that bade thee cometh, he may say unto thee, Friend, go up higher: then shalt thou have worship in the presence of them that sit at meat with thee.

Luke 14:11 For whosoever exalteth himself shall be abased; and he that humbleth himself shall be exalted.

Luke 13:10 And he was teaching in one of the synagogues on the sabbath.

Luke 13:11 And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up *herself*.

Luke 13:12 And when Jesus saw her, he called *her to him*, and said unto her, Woman, thou art loosed from thine infirmity.

Luke 13:13 And he laid *his* hands on her: and immediately she was made straight, and glorified God.

Luke 13:14 And the ruler of the synagogue answered with indignation, because that Jesus had healed on the sabbath day, and said unto the people, There are six days in which men ought to work: in them therefore come and be healed, and not on the sabbath day.

Luke 13:15 The Lord then answered him, and said, *Thou* hypocrite, doth not each one of you on the sabbath loose his ox or *his* ass from the stall, and lead *him* away to watering?

Luke 13:16 And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?

Luke 13:17 And when he had said these things, all his adversaries were ashamed: and all the people rejoiced for all the glorious things that were done by him.

Psa. 146:2 While I live will I praise the LORD: I will sing praises unto my God while I have any being.

Psa. 146:3 Put not your trust in princes, *nor* in the son of man, in whom *there is* no help.

Psa. 146:5 Happy *is he* that *hath* the God of Jacob for his help, whose hope *is* in the LORD his God:

Psa. 146:6 Which made heaven, and earth, the sea, and all that therein *is*: which keepeth truth for ever:

Psa. 146:7 Which executeth judgment for the oppressed: which giveth food to the hungry. The LORD looseth the prisoners:

Psa. 146:8 The LORD openeth *the eyes of* the blind: the LORD raiseth them that are bowed down: the LORD loveth the righteous:

Psa. 146:10 The LORD shall reign for ever, *even* thy God, O Zion, unto all generations.

Matt. 11:29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

Matt. 11:30 For my yoke *is* easy, and my burden is light.

John 5:30 I can of mine own self do nothing:

John 14:10 the Father that dwelleth in me, he doeth the works.

Psa. 73:25 Whom have I in heaven *but thee?* and *there is* none upon earth *that* I desire beside thee.

Psa. 73:26 My flesh and my heart faileth: *but God is* the strength of my heart, and my portion for ever.

Deut. 30:6 And the LORD thy God will circumcise thine heart, and the heart of thy seed, to love the LORD thy God with all thine heart, and with all thy soul, that thou mayest live.

2Tim. 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Psa. 91:14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.

Psa. 91:15 He shall call upon me, and I will answer him: I *will be* with him in trouble; I will deliver him, and honour him.

Psa. 91:16 With long life will I satisfy him, and shew him my salvation.

SCIENCE AND HEALTH

Only by understanding that there is but one power,--not two powers, matter and Mind,--are scientific and logical conclusions reached.

A logical and scientific conclusion is reached only through the knowledge that there are not two bases of being, matter and mind, but one alone,--Mind.

The divine Mind, which forms the bud and blossom, will care for the human body, even as it clothes the lily; but let no mortal interfere with God's government by thrusting in the laws of erring, human concepts.

The foundation of evil is laid on a belief in something besides God. This belief tends to support two opposite powers, instead of urging the claims of Truth alone. The mistake of thinking that error can be real, when it is merely the absence of truth, leads to belief in the superiority of error.

The Scripture declares, "The Lord He is God [good]; there is none else beside Him." Even so, harmony is universal, and discord is unreal.

There is no power apart from God. Omnipotence has all-power, and to acknowledge any other power is to dishonor God. The humble Nazarene overthrew the supposition that sin, sickness, and death have power. He proved them powerless.

We bury the sense of infinitude, when we admit that, although God is infinite, evil has a place in this infinity, for evil can have no place, where all space is filled with God.

We lose the high signification of omnipotence, when after admitting that God, or good, is omnipresent and has all-power, we still believe there is another power, named *evil*.

All is infinite Mind and its infinite manifestation, for God is All-in-all.

Evil is self-assertive. It says: "I am a real entity, overmastering good." This falsehood should strip evil of all pretensions. The only power of evil is to destroy itself. It can never destroy one iota of good. If we concede the same reality to discord as to harmony, discord has as lasting a claim upon us as has harmony. If evil is as real as good, evil is also as immortal. If death is as real as Life, immortality is a myth. If pain is as real as the absence of pain, both must be immortal; and if so, harmony cannot be the law of being.

Against the fatal beliefs that error is as real as Truth, that evil is equal in power to good if not superior, and that discord is as normal as harmony, even the hope of freedom from the bondage of sickness and sin has little inspiration to nerve endeavor. When we come to have more faith in the truth of being than we have in error, more faith in Spirit than in matter, more faith in living than in dying, more faith in God than in man, then no material suppositions can prevent us from healing the sick and destroying error.

Neither evil, disease, nor death can be spiritual, and the material belief in them disappears in the ratio of one's spiritual growth.

God is infinite, the only Life, substance, Spirit, or Soul, the only intelligence of the universe, including man.
God is what the Scriptures declare Him to be,--Life, Truth, Love.

The Scriptures imply that God is All-in-all.

One infinite God, good, unifies men and nations; constitutes the brotherhood of man; ends wars; fulfils the Scripture, "Love thy neighbor as thyself;" annihilates pagan and Christian idolatry,--whatever is wrong in social, civil, criminal, political, and religious codes; equalizes the sexes; annuls the curse on man, and leaves nothing that can sin, suffer, be punished or destroyed.

Since God is All, there is no room for His unlikeness. God, Spirit, alone created all, and called it good. Therefore evil, being contrary to good, is unreal, and cannot be the product of God.

Adhere to the divine Principle of Christian Science and follow the behests of God, abiding steadfastly in wisdom, Truth, and Love. In the Science of Mind, you will soon ascertain that error cannot destroy error. You will also learn that in Science there is no transfer of evil suggestions from one mortal to another, for there is but one Mind, and this ever-present omnipotent Mind is reflected by man and governs the entire universe. You will learn that in Christian Science the first duty is to obey God, to have one Mind, and to love another as yourself.

We all must learn that Life is God.

The facts of divine Science should be admitted,--although the evidence as to these facts is not supported by evil, by matter, or by material sense,--because the evidence that God and man coexist is fully sustained by spiritual sense. Man is, and forever has been, God's reflection. God is infinite, therefore ever present, and there is no other power nor presence.

As mortals give up the delusion that there is more than one Mind, more than one God, man in God's likeness will appear, and this eternal man will include in that likeness no material element.

Thus the whole earth will be transformed by Truth on its pinions of light, chasing away the darkness of error.